



East Carolina University Hemophilia Treatment Center
& Comprehensive Sickle Cell Clinic

Transition and Care of Young Adults

Dear Emerging Young Adults and Families,

Sickle Cell Disease and Bleeding Disorders are life-long genetic diseases. This means that you will continue to need special medical care from an adult provider once you reach adulthood.

The team at your ECU Hemophilia Treatment Center and Comprehensive Sickle Cell Clinic cares about you. We will help you move smoothly from pediatric to adult health care. This means working with you and your family, starting at ages 12 to 14, to prepare for the change from a “pediatric” model of care (where families make most decisions) to an “adult” model of care (where you will make your own decisions). We will spend time during the visit without your parent in the room to help you set health goals and help you take control of your own health care.

At age 18, you become an adult by law. Many of our young adult patients choose to still involve their families in health care decisions. We will only discuss your health information with family members if you agree. If you are not able to make your own health care decisions, we will share options with your family for how to support decision-making.

We will work with you to decide when you will transition to an adult provider. We suggest that this transfer take place before age 22. We will help you through this process by helping to find an adult provider, sending medical records, and talking about your special needs with the adult provider. If your adult provider is at ECU, we will ensure you are able to tour your new clinic and meet with your new provider prior to transfer.

Your health matters to us, and we will be with you for every step of this transition process. Having you join us. If you have any questions or concerns, please feel free to contact us:

**ECU Hemophilia Treatment Center
Comprehensive Sickle Cell Clinic
at Brody Outpatient Clinic, Module F**
24/7 Office Phone: 252-744-4676
Spanish Interpreter: 252-744-3664

**Comprehensive Sickle Cell Clinic
at Vidant Cancer Care**
24/7 Office Phone: 800-472-8500

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Pediatric Hematology/Oncology Medical
Director

Sarah Leonard, MD, MPH
Comprehensive Sickle Cell Clinic Transition
Program Director



East Carolina University Hemophilia Treatment Center & Comprehensive Sickle Cell Clinic

Darla Liles, MD

Adult Hematology/Oncology Medical Director

Charles Knupp, MD

Comprehensive Sickle Cell Clinic Program
Director

Cathleen Cook, MD and Andrea Whitfield, DO

Pediatric Hematology/Oncology Providers

Jackie Davis, NP

Pediatric Nurse Practitioner

Chelsea Rivenbark, NP

Adult Nurse Practitioner

Lora Joyner, MS, PT, PCS

Physical Therapist

Megan Haislip, RN

ECU Hemophilia Treatment Center

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Pediatric Sickle Cell Nurse Specialist

Sarah Nichols, RN

Hemophilia and Bleeding Disorders Nurse
Specialist

Katie Venters, RN

Pediatric Oncology Nurse Specialist

Camille Radford, RN and Donna Zills, RN

Adult Sickle Cell Nurse Specialists

Shamika Dawson, NA

Nurse Assistant

Charmaine Bond, MSW, LCSWA and Marcus

Perry, MSW, LCSWA

Pediatric Social Workers

Lynne Bair, LCAS, CSW

Adult Social Worker

Jacque Sauls, CLLS

Tamika Mackey, CLLS

Child Life Specialists

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